

Identifying My Personal Values

Circle a total of 9 values. Add your own words and circle those if you prefer.

accountability	achievement	action	adaptability	authenticity	balance
beauty	bliss	boldness	caring	challenge	change
commitment	communication	community	competence	congruence	contribution
courage	creativity	determination	dignity	diversity	effectiveness
empathy	encouragement	equality	excellence	fairness	faith
flexibility	flow	forgiveness	freedom	future-looking	gentleness
grace	hard-working	harmony	here-&-now	honesty	honour
hope	humility	imagination	inclusion	individuality	initiative
innovation	inspiration	intelligence	integrity	joy	justice
kaizen	kindness	knowledge	leadership	learning	legacy
love	mastery	objectivity	openness	partnership	peace
possibility	power	professionalism	profit	promise-keeping	purpose
quality	questioning	relationships	respect	responsibility	risk-taking
sacredness	service	spontaneity	teamwork	tolerance	tradition
trust	truthfulness	uniqueness	vision	wholeness	win-win
wisdom	wonder				

Prioritizing My Personal Values

D. Based on the number of times you circled each value, sort the values in order from 1-9, where 1 is most important to you.

My Nine Chosen Values (in any order)	Values Face-Off	# times value is circled	My Nine Chosen Values (in priority order)																		
1		1	1																		
2	<table border="1"> <tr> <td>1</td> <td colspan="8">A. Compare values 1 and 2. Which is most significant to you? Circle the number of the more important value.</td> </tr> <tr> <td>2</td> <td colspan="8"></td> </tr> </table>	1	A. Compare values 1 and 2. Which is most significant to you? Circle the number of the more important value.								2									2	2
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3	<table border="1"> <tr> <td>1</td> <td>2</td> <td colspan="6">B. Do the same for each pair of values. Complete the entire grid.</td> </tr> <tr> <td>3</td> <td>3</td> <td colspan="6"></td> </tr> </table>	1	2	B. Do the same for each pair of values. Complete the entire grid.						3	3							3	3		
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Adapted from Richard Bolles *What Color is Your Parachute?*

1. Where do your top values come from? _____

2. How do they show up in your life? _____

3. How could they show up bigger? _____
